Closing Weekend

Family Fun Day and Raft Race Saturday 29th June

Celebrate the final weekend of the 2019 Pembrokeshire Fish Week Festival by heading to the beach.

Join Fishguard & District Round Table and Stena Line for their Family Fun Day and Raft Race on Goodwick beach. With live music throughout the day, sandcastle competitions, children's entertainment and pirate fancy dress competition, crafts and activities, dance displays, street food stalls, raft race and charity swimathon – it's a packed day out!

For more information visit RoundTableFishguardDistrict



Family Fun!

Saundersfoot **Harbour Festival** Sunday 30th June

Spend Sunday on Saundersfoot's idyllic harbour and beach with Saundersfoot Harbour Festival held on the new National Events Decking area, organised by TeamSaraH.

Be inspired by fish filleting and cookery demonstrations, enjoy fresh fish and live music all day, children's activities, tug of war, facepainting, crabbing, beach foraging, stalls, have a go at rowing and paddle boarding, Darwin centre activities, inflatable fun plus much more..! The perfect way to round off this year's festival! For more information visit

G SaundersfootHarbourFestival2019

Penwythnos Olaf

Diwrnod o Hwyl i'r Teulu a Ras Rafftiau

Dydd Sadwrn 29 Mehefin

Dathlwch benwythnos olaf Gŵyl Wythnos Bysgod Sir Benfro 2019 drwy fynd i'r traeth.

Ymunwch â Ford Gron Abergwaun a'r Cylch a Stena Line ar gyfer eu Diwrnod o Hwyl i'r Teulu a Ras Rafftiau ar draeth Wdig.

Gyda cherddoriaeth fyw drwy gydol y dydd, cystadlaethau cestyll tywod, adloniant i blant a chystadleuaeth gwisg ffansi môr ladron, crafftau a gweithgareddau, arddangosiadau dawnsio, stondinau bwyd stryd, ras rafftiau a ras nofio elusennol - mae'n ddiwrnod llawn hwyl!

Am ragor o wybodaeth ewch i

• RoundTableFishguardDistrict



Gŵyl Harbwr Saundersfoot

Treuliwch ddydd Sul ar harbwr a thraeth delfrydol Saundersfoot gyda Gŵyl Harbwr Saundersfoot yn cael ei chynnal ar ardal Ddecin newydd Digwyddiadau Cenedlaethol, a drefnwyd gan TeamSaraH.

Dewch i gael eich ysbrydoli gan arddangosiadau paratoi pysgod a choginio a mwynhau pysgod ffres a cherddoriaeth fyw drwy'r dydd, gweithgareddau plant, tynnu rhaff, peintio wynebau, cranca, chwilota ar y traeth, stondinau, rhoi cynnig ar rwyfo a phadlo bwrdd, gweithgareddau canolfan Darwin, hwyl neidio a bownsio a llawer mwy..! Y ffordd berffaith o orffen yr ŵyl eleni! Am ragor o wybodaeth ewch i

f SaundersfootHarbourFestival2019

A family weekend not to be missed with fun and activities for all! Penwythnos i'r teulu yn llawn hwyl a gweithgareddau i bawb!

For full event detail visit www.pembrokeshirefishweek.co.uk or follow us on 🕐 PembrokeshireFishWeek 오 @pembsfishweek #fishweek #pembsfishweek 🖉 For full event detail visit www.pembrokeshirefishweek.co.uk or follow us on 🕑 PembrokeshireFishWeek 🥺 @pembsfishweek #fishweek #pembsfishweek



Milford Fish Festival

Saturday 22nd June

Pembrokeshire Fish Week casts off with Milford Fish Festival on Saturday 22 June in its new location on Mackerel Quay, Milford Haven organised by Milford Waterfront. This year's event will be a day of fantastic. fishy fun for the whole family, and will be free to enter!

Enjoy fresh seafood, local produce, street food, cookery and filleting demonstrations, live music, browse the stalls, follow the chowder trail, children's craft and entertainment, explore the haven on a short boat trip along the Cleddau and lots, lots more.

For full details visit www.milfordwaterfront.co.uk/whats-on/ milford-fish-festival/

A fantastic event in a new amazing location.....go on, join in with all of this year's launch event fishy fun!





Gŵyl Bysgod Aberdaugleddau

Dydd Sadwrn 22 Mehefin

Mae Wythnos Bysgod Sir Benfro yn dechrau â Gŵyl Bysgod Aberdaugleddau ddydd Sadwrn 22 Mehefin yn ei lleoliad newydd yn Mackerel Quay, Aberdaugleddau, a drefnir gan Lannau Aberdaugleddau. Bydd y digwyddiad eleni yn ddiwrnod gwych, llawn hwyl i'r teulu cyfan, a bydd mynediad am ddim!

Mwynhewch fwyd môr ffres, cynnyrch lleol, bwyd stryd, arddangosiadau coginio a pharatoi pysgod, cerddoriaeth fyw, gan bori drwy'r stondinau, dilyn y llwybr chowder, crafftau ac adloniant i blant, archwiliwch y ddyfrffordd ar daith gwch fer ar hyd y Cleddau a llawer, llawer mwy.

Am fanylion llawn ewch i www.milfordwaterfront.co.uk/whats-on/ milford-fish-festival/

Digwyddiad ardderchog mewn lleoliad gwych newydd... munwch yn yr hwyl yn y digwyddiad lansio eleni!



Bwyd da!

Hwyl i'r teulu!





For full event detail visit www.pembrokeshirefishweek.co.uk or follow us on 🕑 PembrokeshireFishWeek 😕 @pembsfishweek #fishweek #pembsfishweek



Good food!



Welcome to the Pembrokeshire Fish Week Festival!

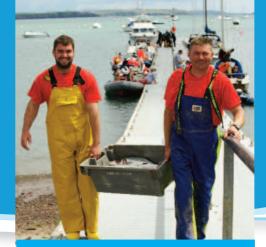
Love good food, enjoy coastal activities and the great outdoors, or just want some fun with family and friends? Then you will definitely enjoy the Pembrokeshire Fish Week Festival. with plenty for all ages and tastes!

Join in the celebration of the county's diverse local produce and fresh seafood, spectacular coastal scenery, its many beautiful beaches, excellent fishing, onthe-water action, plus its culture and fascinating maritime heritage.

Dine on fish for breakfast, lunch and dinner all week with restaurants, pubs, cafes and B&B's across the county with special fish themed menus. And if you fancy creating your own fish dish, then watch one of the many workshops or demonstrations throughout the week to pick up hints, tips and skills.

Explore Pembrokeshire's breathtaking coastline with guided walks, boat trips, kayaking taster sessions or learn how to fish. Throughout the week there will be plenty of activities for all the family from art and craft sessions to fish themed trails, family fun days to crabbing.

2019 sees the festivals launch event return to Milford Haven with a free fun day at Mackerel Quay for Milford Fish Festival. Packed with family fun, street food, fishy



Enjoy the great outdoors!

delights and more, there's plenty to keep vou hooked!

Launching the festival on Saturday 22 June, Milford Fish Festival, run by Milford Waterfront in its new location on Mackerel Quay, promises to be a day of fantastic, fishy fun for the whole family, and it will be free to enter!

With so many events and activities taking place throughout the week across the length and breadth of the county, what better way to explore Pembrokeshire and all that it has to offer.

Finish the festival in style by heading to the beach for more family events.

Saturday 29 June see's Fishguard & District Round Table and Stena Line's Family Fun Day and raft race at Goodwick Beach; as well as Dale Pirate Day held throughout Dale; then head to Saundersfoot Harbour on Sunday 30 June to finish the festival with a bang with the Saundersfoot Harbour Festival – a great day out for all the family!

With over 250 special menus, activities and events on offer, what are you waiting for? Come along and join the fun!

Croeso i Ŵyl Wythnos Bysgod Sir Benfro!



A ydych yn hoffi bwyd da, yn mwynhau gweithgareddau arfordirol a'r awyr agored, neu am gael tipyn bach o hwyl gyda'ch teulu a'ch ffrindiau? Byddwch yn sicr yn mwynhau Gŵyl Wythnos Bysgod Sir Benfro, sy'n cynnig digonedd o bethau ar gyfer pob oedran a chwaeth!

Ymunwch yn nathliadau'r sir o'i chynnyrch amrywiol lleol a'i bwyd môr ffres, ei golygfeydd arfordirol ysblennydd, ei thraethau hyfryd, y pysgota gwych, gweithgareddau ar y dŵr, a'i diwylliant a'i threftadaeth forol ddiddorol.

Bwytwch bysgod i frecwast, cinio a swper drwy'r wythnos gyda bwytai, tafarndai, caffis a lleoliadau gwely a brecwast ledled y sir â bwydlenni arbennig gyda'r thema o bysgod. Yn ogystal â hyn, os hoffech greu pryd o bysgod eich hun, gwyliwch un o'r llu o weithdai neu'r arddangosiadau a gynhelir drwy gydol yr wythnos er mwyn cael cyngor ac awgrymiadau a dysgu sgiliau.

Darganfyddwch arfordir trawiadol Sir Benfro gyda theithiau cerdded tywysedig teithiau cychod, sesiynau rhagflas caiacio neu dysgwch sut i bysgota. Bydd digon o weithgareddau drwy gydol yr wythnos i'r teulu cyfan, o sesiynau celf a chrefft, i lwybrau â'r thema o bysgod a diwrnodau o hwyl i'r teulu, hyd at granca.

Yn 2019 mae digwyddiad lansio'r ŵyl yn dychwelyd i Aberdaugleddau â diwrnod

llawn hwyl am ddim yn Mackerel Quay ar gyfer Gŵyl Bysgod Aberdaugleddau. Yn llawn hwyl i'r teulu, bwyd stryd, danteithion pysgodlyd a mwy, mae digon i'ch bachu!

Drwy lansio'r ŵyl ddydd Sadwrn 22 Mehefin, mae Gŵyl Bysgod Aberdaugleddau, a gynhelir gan Borthladd Aberdaugleddau yn ei lleoliad newydd ar Mackerel Quay, yn argoeli i fod yn ddiwrnod gwych, llawn hwyl i'r teulu cyfan, a bydd mynediad am ddim!

Gyda chymaint o ddigwyddiadau a gweithgareddau'n cael eu cynnal drwy gydol yr wythnos ledled y sir, pa ffordd well sydd o ddarganfod Sir Benfro a'r cyfan y mae'n ei gynnig.

Gorffennwch yr ŵyl mewn steil drwy fynd i'r traeth am fwy o ddigwyddiadau i'r teulu. Ddydd Sadwrn 29 Mehefin cynhelir Diwrnod o Hwyl i'r Teulu Ford Gron Abergwaun a'r

Cylch a Stena Line a ras rafftiau ar Draeth Wdig; yn ogystal â Diwrnod Môr-Ladron Dale a gynhelir ledled Dale; yna ewch i Harbwr Saundersfoot ddydd Sul 30 Mehefin i orffen yr ŵyl yn drawiadol â Gŵyl Harbwr Saundersfoot – diwrnod gwych i'r teulu cyfan!

Gyda mwy na 250 o fwydlenni, gweithgareddau a digwyddiadau arbennig ar gael, beth amdani? Dewch ac ymunwch yn yr hwyl!

For full event detail visit www.pembrokeshirefishweek.co.uk or follow us on 🕣 PembrokeshireFishWeek 🥑 @pembsfishweek #fishweek #pembsfishweek

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BISCON Pembrokeshire Fish Week Festival

Pre Event

Monday 17

Rock Pooling and Push Netting (School Event, not open to the public) – Part of The Pembrokeshire Fish Week Education Project with The Darwin Centre.

Wednesday 19

Rock Pooling and Push Netting (School Event, not open to the public) – Part of The Pembrokeshire Fish Week Education Project with The Darwin Centre. Friday 21

Science Café lecture by Dr Bruce Moffett on the Mysteries of Ice at Ffwrn, Fishguard. 01348 875412 ffwrn@yahoo.com

Saturday 22nd June

FAMILY FUN

Milford Fish Festival Pembrokeshire Fish Week Festival Launch Event, Mackerel Quay, Milford Haven, organised by Milford Waterfront 01646 696380

www.milfordwaterfront.co.uk/whats-on/ milford-fish-festival

Beach Safari with Saundersfoot's Summer Festival by the Sea.

www.visitsaundersfootbay.com **Fishy Tales and Craft** at Glan-yr-afon/The Riverside, Haverfordwest. 01437 775244 www.pembrokeshire.gov.uk/libraries-and-culture

West Wales Model Boats watch their display on the lawn area, next to the entrance of Saundersfoot Harbour as part of Saundersfoot's Summer Festival by the Sea.

www.visitsaundersfootbay.com

Fish Inspired Street Food Menu with live music from Jed at The Harbourmaster Bar & Restaurant, Milford Haven. 01646 695493 www.theharbourmaster.co.uk

Fish and Seafood Culinary Celebrations at Ffwrn, Fishguard. 01348 875412 ffwrn@yahoo.com

Blas Restaurant Fish Week Tasting Menu, Twr y Felin Hotel, St Davids. 01437 725555 dine@twryfelinhotel.com

Seafood Sundowner live music and seafood at Foam, Milford Haven. 01646 698985 Facebook: @foammilford

'Lets get shipfaced!' Live music and outside BBQ at The Alumchine Restaurant, Neyland Yacht Club. 01646 600267 Facebook:

@thealumchine FISHING, OUTDOOR & ADVENTURE

Stack Rock: Seabirds with Large Chicks with Pembrokeshire Coast National Park Authority. 01646 624800

www.pembrokeshirecoast.org.uk/events Experience the Iron Age at Castell Henllys with Pembrokeshire Coast National Park Authority. 01646 624800

www.pembrokeshirecoast.org.uk/events Learn to Fish, plus tips and experiences of fishing with 3 members of the Welsh Team from The Welsh Federation of Sea Anglers (WFSA) on Saundersfoot beach, as part of Saundersfoot's Summer Festival by the Sea. www.visitsaundersfootbay.com

LIVE MUSIC & ENTERTAINMENT

Live Music with Geoff Bowen at the Old Chemist Inn, Saundersfoot as part of Saundersfoot's Summer Festival by the Sea. www.visitsaundersfootbay.com

Fishy Tales 2 Just when you thought it was safe to go back in the water... at Haroldston House, Solva. 01437 721404 stay@haroldstonhouse.co.uk

TALKS

Ocean Guardians The Dangers of Ocean Plastic and What You Can Do to Help with the Sea Trust at Ffwrn, Fishguard. 01348 875412 ffwrn@yahoo.com

ARTS & CRAFTS

Shell Craft Session at Dilys' Photography, High Street, Saundersfoot as part of Saundersfoot's Summer Festival by the Sea. www.visitsaundersfootbay.com

Sunday 23rd June

FAMILY FUN

Seaweed Potion Kitchen with Câr-y-Môr on Coppet Hall Beach, Saundersfoot as part of Saundersfoot's Summer Festival by the Sea. www.visitsaundersfootbay.com

He took the bait! crabbing competition where all children taking part get a free pizza, plus outside BBQ for adults at The Alumchine Restaurant, Neyland Yacht Club. 01646 600267 Facebook: @thealumchine FOOD & DRINK

Fish Week BBQ with live music at Melin Tregwynt Mill Shop and Café, plus the opening of Tony Kitchell art exhibition. 01348 891288 louise@melintregwynt.co.uk Special Prosecco Seafood Brunch at

Ffwrn, Fishguard. 01348 875412 ffwrn@yahoo.com

Seashore Forage & Wild Picnic with Wild About Pembrokeshire. 07977 287935 www.wildaboutpembrokeshire.co.uk

A Taste of the Sea At The Grove, Narberth. 01834 860915 reservations@grovenarberth.co.uk

Gourmet Seafood and Wine Tasting Experience at The Griffin, Dale. 01646 636227 info@griffininndale.co.uk

Spike & Dan's Fish n Chip Fundraiser with Café Mor at Freshwater West. All proceeds to the Fishermen's Mission charity. 07422535345 Facebook: @PemBeachFood

FISHING, OUTDOOR & ADVENTURE Fishing rod and reel clinic at The Mermaid

Gift Shop, Saundersfoot as part of Saundersfoot's Summer Festival by the Sea. www.visitsaundersfootbay.com Castlemartin Range Guided Walk with

Pembrokeshire Coast National Park Authority. 01646 624800 www.pembrokeshirecoast.org.uk/events

Experience the Iron Age at Castell Henllys with Pembrokeshire Coast National Park Authority. 01646 624800

www.pembrokeshirecoast.org.uk/events Wildflower Walk: Tenby Castle Hill with

Pembrokeshire Coast National Park Authority. 01646 624800 www.pembrokeshirecoast.org.uk/events

LIVE MUSIC & ENTERTAINMENT

Ukulele Band playing live at the top of the beach slipway, Saundersfoot as part of Saundersfoot's Summer Festival by the Sea. www.visitsaundersfootbay.com

Live Music with Glas at the Old Chemist Inn, Saundersfoot as part of Saundersfoot's Summer Festival by the Sea. www.visitsaundersfootbay.com

Monday 24th June

WORKSHOPS & DEMONSTRATIONS

Fish filleting and cookery workshop, Haverfordwest High VC School – Closed to public.

FOOD & DRINK

Monk Fish Monday at The Griffin, Dale. 01646 636227 info@griffininndale.co.uk Celebrity Masterclass Evening with Bryn Williams & Friends, Merlin Theatre, Haverfordwest supported by Blas Y Tir and Twr Y Felin Hotel. 01437 776169 www.ticketsource.co.uk/pembrokeshirefish-week-festival

Ahoy! Try our seafood specials at The Alumchine Restaurant, Neyland Yacht Club. 01646 600267 Facebook: @thealumchine



Tuesday 25th June

FOOD & DRINK

Fish Week with Y Felin and Cardigan Bay Fish at St Dogmaels Farmers Market. 01239 613999 www.y-felin.com / 01239 621043 www.cardiganbayfish.co.uk

Wild Food Pop-Up food inspired by the Pembrokeshire landscape at Runwayskiln with Matt Powell of Fishing and Foraging Wales. 07515380169

www.fishingandforagingwales.co.uk runwayskiln@outlook.com

Turbot Tuesday at The Griffin, Dale. 01646 636227 info@griffininndale.co.uk

Fish & Seafood Platter Evening at Coco's Restaurant, Milford Haven. 01646 694444 www.cocosmilfordhaven.co.uk

Suns out, Puns out! Quiz with food at The Alumchine Restaurant, Neyland Yacht Club. 01646 600267 Facebook: @thealumchine

ARTS & CRAFTS

Saundersfoot Strollers litter pick with beach art run by Art & Education by the Sea on Saundersfoot Beach, as part of Saundersfoot's Summer Festival by the Sea. www.visitsaundersfootbay.com

WORKSHOPS & DEMONSTRATIONS

Fish filleting and cookery workshop, Ysgol Bro Gwaun – Closed to public. Wildlife Observer Courses at

Pembrokeshire College with Sea Trust. 0800 9776 788 admissions@pembrokeshire.ac.uk

Wednesday 26th June

WORKSHOPS & DEMONSTRATIONS

Fish filleting and cookery workshop, Ysgol Harri Tudor – Closed to public.

Fish Cookery Course with Healthaspire, Milford Haven. 01646 278216 www.healthaspire.co.uk

Wildlife Observer Courses at

Pembrokeshire College with Sea Trust. 0800 9776 788 admissions@pembrokeshire.ac.uk

FAMILY FUN

Fishy themed baby rhyme time at Fishguard Library with stories, songs and rhymes with craft. 01437 776638 www.pembrokeshire.gov.uk/libraries-and-culture

FOOD & DRINK

Wild Bass Wednesday at The Griffin, Dale. 01646 636227 info@griffininndale.co.uk A British Feast Night in The Shed at

Cardeeth 01646 650003 www.cardeeth.co.uk

Fish Feast at The Druidstone, Haverfordwest. 01437 781221 enquiries@druidstone.co.uk

Inspired by the Sea, a three course family style feast at Runwayskiln, Marloes. 01646 636545 runwayskiln@outlook.com Born to Sail come and watch the Pirates of the Cleddau River sailing race The

Alumchine Restaurant, Neyland Yacht Club. 01646 600267 Facebook: @thealumchine

LIVE MUSIC & ENTERTAINMENT

Live Music with Fishguard Folk Singers at the Harbwr Bar, Saundersfoot as part of Saundersfoot's Summer Festival by the Sea. www.visitsaundersfootbay.com

QUIZ

Quiz Night at The Stackpole Inn, Stackpole. 01646 672324 www.stackpoleinn.co.uk

Saturday 22 - Sunday 30 June 2019

Thursday 27th June FAMILY FUN

FAMILYFUN

Celebrate Fish Week at Pembroke Dock Library, Fishy stories, songs and simple craft for under 5's. 01437 775825 pembrokedocklibrary@pembrokeshire.gov.uk

FOOD & DRINK

Seaweed Cooking Masterclass at Café MôR, Freshwater West. 07422535345 jonathan@beachfood.co.uk Crab & Lobster Night at Coco's Restaurant,

Milford Haven. 01646 694444 www.cocosmilfordhaven.co.uk

Trout Thursday (in Wales it's Sewin) at The Griffin, Dale. 01646 636227 info@griffininndale.co.uk

Feeling Nauti 3 course meal The Alumchine Restaurant, Neyland Yacht Club. 01646 600267 Facebook: @thealumchine WORKSHOPS & DEMONSTRATIONS

Fish filleting and cookery workshop, Ysgol

Squid Dissection (School Event, not open to the

public) – Part of The Pembrokeshire Fish Week

Wildlife Observer Courses at Pembrokeshire

FISHING, OUTDOOR & ADVENTURE

pupils at St Brides Haven with Dale Fort FSC

and Pembrokeshire Marine SAC – Closed to

Foraging Walk with Julia Horton-Mansfield

and Pembrokeshire Coast National Park

www.pembrokeshirecoast.org.uk/events

Friday 28th June

Fish Week at the Farmers Market,

www.pembrokeshirefarmersmarkets.co.uk

Fish Fry Friday at The Griffin, Dale. 01646

Korean BBQ Feast at Trehale Farm, Nr

Paella Night at Martha's Vineyard, Milford

Blas Restaurant Fish Week Tasting Menu,

Twr y Felin Hotel, St Davids. 01437 725555

Restaurant at Hammet @ Castell Malgwyn,

Shell-abration Time! Live music, cocktails

and seafood specials The Alumchine

600267 Facebook: @thealumchine

Restaurant, Neyland Yacht Club. 01646

Fish & Chip Friday at The Stackpole Inn,

LIVE MUSIC & ENTERTAINMENT

Live Music with Footbridge at the Harbwr

Bar, Saundersfoot as part of Saundersfoot's

FISHING, OUTDOOR & ADVENTURE

Fly Fishing or Coarse Fishing at Puddleduck

Trout fishery, Freystrop with Pembrokeshire

Federation of Anglers Coaches 01437

767424/07581809850 www.pfac.co.uk

Sandcastles with Pembrokeshire Coast

National Park Authority. 01646 624800

www.pembrokeshirecoast.org.uk/events

WORKSHOPS & DEMONSTRATIONS

filleting and adding value to the local catch

Welsh Seafood Cluster Workshop - fish

at Pembrokeshire College. Industry Only.

sian.davies@menterabusnes.co.uk

07538 074260

Saundersfoot: From Coal Pits to

Haverfordwest. 01437 776169

636227 info@griffininndale.co.uk

www.marthasmilfordhaven.co.ul

Gourmet Evening in the Art Room

Authority. 01646 624800

FOOD & DRINK

Mathry. 07896794451

Haven. 01646 697083

dine@twryfelinhotel.com

Llechryd. 01239 682382

www.castellmalgwyn.wales

Stackpole. 01646 672324

Summer Festival by the Sea.

www.visitsaundersfootbav.cor

www.stackpoleinn.co.ul

www.trehalefarm.co.uk

Snorkel Safari with Broad Haven School

Education Project with The Darwin Centre.

College with Sea Trust. 0800 9776 788

admissions@pembrokeshire.ac.uk

the public.

Penrhyn Dewi - Closed to public.



Saturday 29th June

FAMILY FUN

Family Fun Day with Fishguard Round Table & Stena Line, Goodwick Beach, Fishguard www.fishguard.roundtable.co.uk

Pirate Day, Dale. Fish BBQ, treasure hunt, crabbing, live music, walk the plank plus more. Facebook: @DalePirateDay **Fishy Films** at the Regency Hall, Saundersfoot – Finding Dory and

Fisherman's Friends. As part of Saundersfoot's Summer Festival by the Sea. www.visitsaundersfootbay.com

FOOD & DRINK

Surf and Seafood BBQ at Freshwater West with Café MôR and Outer Reef Surf School contact@outerreefsurfschool.com 01646 682270 / 01646 680070 / 07769903653. Spanish Paella at The Griffin, Dale. 01646 636227 info@griffininndale.co.uk

Fish Week with Y Felin and Cardigan Bay Fish at Y Felin's Millpond, St Dogmaels. Showcasing their flours and locally caught seafood, plus coracles on the millpond. 01239 613999 www.y-felin.com / 01239

621043 www.cardiganbayfish.co.uk Fish Week at Y Gegin, Pembroke Dock with Paternoster Farm and Cwlbox. www.ygegin.com

Fish and Seafood Culinary Celebrations at Ffwrn, Fishguard. 01348 875412 ffwrn@yahoo.com

Blas Restaurant Fish Week Tasting Menu, Twr y Felin Hotel, St Davids. 01437 725555 dine@twryfelinhotel.com

Gourmet Evening in the Art Room Restaurant at Hammet @ Castell Malgwyn, Llechryd. 01239 682382

www.castellmalgwyn.wales Sea's the Day! Live music, cocktails and BBQ The Alumchine Restaurant, Neyland

BBQ The Alumchine Restaurant, Neyland Yacht Club. 01646 600267 Facebook: @thealumchine

FISHING, OUTDOOR & ADVENTURE

Rock Pooling and Push Netting Part of The Pembrokeshire Fish Week Education Project with The Darwin Centre. 01437 753196 www.darwincentre.com

Experience the Iron Age at Castell Henllys with Pembrokeshire Coast National Park Authority. 01646 624800

www.pembrokeshirecoast.org.uk/events Dinghy Regatta at Pembrokeshire Yacht Club. 01646 692799

www.pembsyachtclub.org.uk ARTS & CRAFTS

Art and Education by the Sea beach sculpture workshop at Coppet Hall Beach, Saundersfoot as part of Saundersfoot's Summer Festival by the Sea. www.visitsaundersfootbay.com

Craft session block lino printing & create a sea themed print with local artist Diana Brook at Dilys' Photography, High Street, Saundersfoot, as part of Saundersfoot's Summer Festival by the Sea.

www.visitsaundersfootbay.com

Live Music with Vagrants Crew at the top of the beach slipway, Saundersfoot as part of Saundersfoot's Summer Festival by the Sea. www.visitsaundersfootbay.com

Live Music with Edward Owen at the Old Chemist Inn, Saundersfoot as part of Saundersfoot's Summer Festival by the Sea. www.visitsaundersfootbay.com



Sunday 30th June

FAMILY FUN

Saundersfoot Harbour Festival -Pembrokeshire Fish Week Festivals Finale Event, National Events Decking, Saundersfoot Harbour, organised by Team SaraH, 07918 672121

Facebook @Saundersfoot-Harbour-Festival-2019 FOOD & DRINK

Special Prosecco Seafood Brunch at Ffwrn, Fishguard. 01348 875412 ffwrn@yahoo.com FISHING, OUTDOOR & ADVENTURE

Crab Catching at Saundersfoot Harbour Festival with Pembrokeshire Coast National Park Authority. 01646 624800 www.pembrokeshirecoast.org.uk/events

Dinghy 7 Forts Long Distance Race at Pembrokeshire Yacht Club. 01646 692799 www.pembsyachtclub.org.uk Cruiser Regatta at Pembrokeshire Yacht

Club. 01646 692799 www.pembsyachtclub.org.uk

Educational Activities linked to the sea – Part of The Pembrokeshire Fish Week Education Project with The Darwin Centre. 01437 753196 www.darwincentre.com

All Week

PEMBS FISH WEEK DISCOUNTS

50% off Adventure code for Fish Week with TYF, St Davids. 01437 721611 www.tyf.com **10% off a live lobster** when shown the Fish Week booklet at Lobster and Mor, Little Haven. 07891905062 shop@lobsterandmor.co.uk

10% off their 'Under the Sea' sweets at Chobbles, plus check out their marine Steiff collectables, Saundersfoot as part of Saundersfoot's Summer Festival by the Sea.

www.visitsaundersfootbay.com
10% off when shown the Fish Week booklet at Mrs Will the Fish, Upper Solva. 01437
721571 MrsWilltheFish@solva.co.uk
15% discount on the 'Cockle ladies and shell jewellery' range at Elements of Pembrokeshire, Saundersfoot as part of Saundersfoot's Summer Festival by the Sea.

www.visitsaundersfootbay.com 10% discount on all nautical/fish decorations at The Silver Strand,

Saundersfoot as part of Saundersfoot's Summer Festival by the Sea. www.visitsaundersfootbay.com

10% discount on all tidal clocks at Tojaz, Saundersfoot as part of Saundersfoot's Summer Festival by the Sea.

www.visitsaundersfootbay.com **10% discount on all Fish Oil products** at The Pharmacy, Saundersfoot as part of Saundersfoot's Summer Festival by the Sea. www.visitsaundersfootbay.com

10% off retail items in store when purchased during Fish Week at St Brides Bay Clothing, Milford Haven. 01646 696904 www.stbridesbay.com

FAMILY FUN

A Fish Called Saunders a fishy hunt around the village, plus vote for the best seathemed shop window display in Saundersfoot as part of Saundersfoot's Summer Festival by the Sea. www.visitsaundersfootbay.com

Sea friendly crabbing gear available to rent at Café on the Quay, Lower Town, Fishguard. 01348 872866

www.facebook.com/cafe-on-the-quay Sea-themed colouring sheets available

throughout the village of Saundersfoot as part of Saundersfoot's Summer Festival by the Sea. www.visitsaundersfootbay.com

Fish Week with Café MôR, one of the best

seafood trucks in the world at the best beach in the world - Freshwater West. 07422535345 jonathan@beachfood.co.uk



Fish Week Meal Deal at Lobster and Mor, Little Haven – crab sandwich, cake slice, crisps and regular coffee for £8.00. 07891905062 shop@lobsterandmor.co.uk Fresh fish specials and coastal cocktails at Penally Abbey, Tenby. 01834 843033 www.penally-abbey.com

Solva Crab and pickled fennel sandwich at The Meadow, St Davids. 01437 720990 www.themeadow.co

Seasonal Fish Specials at The Harbourmaster Bar & Restaurant, Milford Haven. 01646 695493 www.theharbourmaster.co.uk

Fresh or Fried Fish Platters at Beachside Barbecue, Saundersfoot. 01834 811873 reservations@beachsidebarbecue.com Locally sourced crab, lobster & spider crab, plus ever changing specials board at Café on the Quay, Lower Town, Fishguard. 01348 872866 www.facebook.com/cafe-on-the-quay Harbour dressed crab salads and Fish

Platters at The Stone Crab, Saundersfoot. 01834 813651 www.stonecrab.co.uk **Smoked mackerel pate special** at Little & Large Lite Bites, Saundersfoot as part of Saundersfoot's Summer Festival by the Sea. www.visitsaundersfootbay.com

Dishy Fishy Pizza at The Cowshed at Cowpots, Whitland. 01994 240790 Facebook: thecowshedatcowpots

Special Crab or Prawn salad baguette at Philly's, Saundersfoot as part of Saundersfoot's Summer Festival by the Sea.

www.visitsaundersfootbay.com **Fish Week Special Menu** at Wolfscastle Country Hotel, Wolfscastle. 01437 741225 www.wolfscastle.com

Fresh Fish Specials at Blas Restaurant, Twr y felin Hotel, St Davids. 01437 725555 dine@twryfelinhotel.com

Little Fish or Big Sharks menu at Martha's Vineyard, Milford Haven. 01646 697083 www.marthasmilfordhaven.co.uk Herby Crab special with Cwl Box, Saundersfoot as part of Saundersfoot's

Summer Festival by the Sea. www.visitsaundersfootbay.com Seafood Pizza at Shoreline Café, Saundersfoot as part of Saundersfoot's Summer Festival by the Sea.

www.visitsaundersfootbay.com

Fresh crab and oysters with Ffwrn's wood fired artisan breads and chilled white wines everyday! 01348 875412 ffwrn@yahoo.com Fresh Shellfish, locally caught crab & lobster at Harold O'Vinegars – the only seafood shop in the village! Fish Week special. Harbour Car Park, Saundersfoot as part of Saundersfoot's Summer Festival by the Sea. www.visitsaundersfootbay.com Fresh Fish Creations at St Brides Spa Hotel,

Saundersfoot. 01834 812304 www.stbridesspahotel.com Smoked Salmon and cream cheese

savoury pancakes at The Tramway, the Strand, Saundersfoot as part of Saundersfoot's Summer Festival by the Sea.

www.visitsaundersfootbay.com Fillet of Plaice with cockles special at the

Old Chemist Inn, Saundersfoot as part of Saundersfoot's Summer Festival by the Sea. www.visitsaundersfootbay.com

Famous Fish Burger Challenge and the finest freshest fish specials at Beachside Barbecue, Saundersfoot. 01834 811873 reservations@beachsidebarbecue.com **Pembrokeshire crab meat sandwiches,**

fish finger sandwiches and fish-shaped doggy treats at The Kiosk at Coppet Hall, Saundersfoot as part of Saundersfoot's Summer Festival by the Sea.

www.visitsaundersfootbay.com **Fresh Fish and Chips** at Marina Fish Chips & More, Saundersfoot 01834 813598 www.stbridesspahotel.com/dine/marina-fish-chips

Daily fish specials available at Hooked@31, Fishguard 01348 874657 hookedat31@gmail.com



Special Fish Week menu available all week at Melin Tregwynt Mill Shop and Café. 01348 891288 louise@melintregwynt.co.uk Fish themed menu all week at Llys Meddyg Restaurant with Rooms, Newport. 01239 820008 info@llysmeddyg.com

FISHING, OUTDOOR & ADVENTURE

Fishing & Boat Trips aboard the Four Brothers, Saundersfoot as part of Saundersfoot's Summer Festival by the Sea. www.visitsaundersfootbay.com

Bertie the Sea Bass located at Pembroke Dock Library until 15th July 2019, Pembroke Dock Town Council supported by Pembrokeshire Coastal Forum. 01646 684410 www.pembrokedocktc.org.uk

www.pembrokeshirecoastalforum.org.uk **Pembroke Dock Summit** to Sea Cleans with Bertie the Sea Bass – register your clean with Surfers Against Sewage: www.sas.org.uk/our-work/beach-

cleans/organise-beach-clean with Pembroke Dock Town Council supported by Pembrokeshire Coastal Forum. 01646 684410 www.pembrokedocktc.org.uk www.pembrokeshirecoastalforum.org.uk

Sports Fishing trips aboard the Ebony May, Saundersfoot as part of Saundersfoot's Summer Festival by the Sea. www.visitsaundersfootbay.com

Saundersfoot Sea Safaris – wildlife trips around the Pembrokeshire coastline, Saundersfoot as part of Saundersfoot's Summer Festival by the Sea. Booking Office for further details 07977 141 945 www.visitsaundersfootbay.com

Mackerel Fishing for all the family with Tenby Fishing, Tenby. 07974623542 or 07974252975 www.tenbyfishing.co.uk

Kayak-King Tours along the Pembrokeshire Coast with Kayak King, Lower Town Fishguard. 07967 010203 www.kayakking.com

Fancy a beach clean? Litter picking equipment provided by Keep Wales tidy, available all week in Saundersfoot as part of Saundersfoot's Summer Festival by the Sea. www.visitsaundersfootbay.com

ARTS & CRAFTS

Sea-fish artwork by renowned local wildlife artist David Miller on display at The Shoreline Café, Saundersfoot as part of Saundersfoot's Summer Festival by the Sea. www.visitsaundersfootbay.com

Artwork display by pupils of Saundersfoot CP School throughout the village and at Dily's Gallery, Saundersfoot as part of Saundersfoot's Summer Festival by the Sea.

Sea themed pottery waiting to be painted at Periwinkle Café, Saundersfoot as part of Saundersfoot's Summer Festival by the Sea. www.visitsaundersfootbay.com

BEAUTY

Fish Tail Plaits and Mermaid Manicures at the Old Bank Hair and Beauty Salon, Saundersfoot as part of Saundersfoot's Summer Festival by the Sea. www.visitsaundersfootbay.com



Local plankton & microscopes Follow up workshop with School – Part of The Pembrokeshire Fish Week Education Project with The Darwin Centre. (Schools only, not open to the public).