

PEMBROKESHIRE FISH WEEK FESTIVAL 2019 EVENTS

ALL WEEK EVENTS

PEMBS FISH WEEK DISCOUNTS

50% off Adventure code for Fish Week with TYF, St Davids. Quote FISHWEEK2019 when booking an adventure. 01437 721611 www.tyf.com

10% off a live lobster when shown the Fish Week booklet at Lobster and Mor, Little Haven. 07891905062 shop@lobsterandmor.co.uk

10% off their 'Under the Sea' sweets at Chobbles, Saundersfoot - plus check out their marine Steiff collectables whilst you're browsing the sweet range...can you spot the shy octopus? Part of Saundersfoot's Summer Festival by the Sea. www.visitsaundersfootbay.com

10% off fresh shellfish when shown the Fish Week booklet at Mrs Will the Fish, Upper Solva. Plus enjoy little taster snacks including brown and spider crab, prawns, lobster bits on blinis - try before you buy!! 01437 721571 MrsWilltheFish@solva.co.uk

15% discount on the 'Cockle ladies and shell jewellery' range at Elements of Pembrokeshire, Saundersfoot as part of Saundersfoot's Summer Festival by the Sea. www.visitsaundersfootbay.com

10% discount on all nautical/fish decorations at The Silver Strand, Saundersfoot as part of Saundersfoot's Summer Festival by the Sea. www.visitsaundersfootbay.com

10% discount on all tidal clocks at Tojaz, Saundersfoot as part of Saundersfoot's Summer Festival by the Sea. www.visitsaundersfootbay.com

10% discount on all Fish Oil products at The Pharmacy, Saundersfoot as part of Saundersfoot's Summer Festival by the Sea. www.visitsaundersfootbay.com

10% off retail items in store when purchased during Fish Week at St Brides Bay Clothing, Milford Haven. 01646 696904 www.stbridesbay.com

FAMILY FUN

A Fish Called Saunders - take part on a fishy hunt around the village - find out where Saunders and his friends are hiding, plus vote for who has the best sea-themed shop window display in Saundersfoot as part of Saundersfoot's Summer Festival by the Sea. www.visitsaundersfootbay.com

Sea friendly crabbing gear available to rent at Café on the Quay, Lower Town, Fishguard. Helping to make us a plastic free zone! 01348 872866 www.facebook.com/cafe-on-the-quay

Sea-themed colouring sheets available at numerous cafes and restaurants throughout the village of Saundersfoot as part of Saundersfoot's Summer Festival by the Sea.
www.visitsaundersfootbay.com

FOOD & DRINK

Fish Week with Café MôR, one of the best seafood trucks in the world at the best beach in the world - Freshwater West. 07422535345 jonathan@beachfood.co.uk D

Fish Week Meal Deal at Lobster and Mor, Little Haven - fresh crab sandwich, Blas y Fwyd cake slice, a packet of crisps and a regular coffee for £8.00. 07891905062 shop@lobsterandmor.co.uk

Fresh Fish Specials and Coastal Cocktails at Penally Abbey Hotel, Penally. Enjoy a special Pembrokeshire Fish Week Menu with fresh fish specials each day and some coastal cocktails using seaweed rum. The restaurant will be serving the menu from 6.30pm - 9.00pm each night. To book call 01834 843033 www.penally-abbey.com

Solva Crab and pickled fennel sandwich at The Meadow, St Davids. Enjoy a fresh Solva crab and pickled fennel sandwich, served in locally made cornbread with organic leaves and toasted seeds. 01437 720990 www.themeadow.co

Seasonal Fish Specials at The Harbourmaster Bar & Restaurant, Milford Haven. 01646 695493 www.theharbourmaster.co.uk

Fresh or Fried Fish Platters at Beachside Barbecue, Saundersfoot. We're all about fresh fish at Beachside Barbecue and this week we will be cooking up some amazing fish platters for you to enjoy with our wonderful seaside views! Try our fresh fish platter - smoked salmon, Cajun cod, whole tiger prawns in garlic butter, sautéed seabass chunks in anchovy butter, served with seasoned chips and three dips (lemon mayonnaise, chunky house tartar sauce and tomato and horseradish mayonnaise). OR perhaps you will prefer our fried fish platter featuring whitebait, scampi, cod chunks and calamari rings, served with three dips (as above), chips and salad! Open from 12.00pm. To book call 01834 811873 reservations@beachsidebarbecue.com

Locally sourced crab, lobster & spider crab, plus ever changing specials board at Café on the Quay, Lower Town, Fishguard. 01348 872866 www.facebook.com/cafe-on-the-quay

Harbour dressed crab salads and Fish Platters at The Stone Crab, Saundersfoot. During Fish Week we will be serving harbour dressed crab salads at lunch for £12 per person. Fish Platters will also be available: whole lobsters, fresh local fish, mussels, king prawns and calamari on a 26 inch paella pan for £70 per couple. To book call 01834 813651 www.stonecrab.co.uk

Smoked mackerel pate special served with granary toast, salad garnish and homemade coleslaw at Little & Large Lite Bites, Saundersfoot as part of Saundersfoot's Summer Festival by the Sea. www.visitsaundersfootbay.com

Dishy Fishy Pizza at The Cowshed at Cowpots, Whitland. Fish Week Special - smoked mackerel and anchovies on a tomato base with roquito peppers, olives and red onions, drizzled with olive oil. 9 inch £10, 12 inch £15. Available Wednesday to Saturday 12.00pm - 9.00pm; Sunday 12.00pm - 4.00pm. 01994 240790 Facebook: thecowshedatcowpots D

Special Crab or Prawn salad baguette at Philly's, Saundersfoot. Enjoy a special crab salad baguette and special prawn salad baguette - both available with Marie Rose sauce sprinkled with sea salt and chilli flakes, as part of Saundersfoot's Summer Festival by the Sea.

www.visitsaundersfootbay.com

Fish Week Special Menu at Wolfscastle Country Hotel, Wolfscastle. Various starters including selection of Pembrokeshire sushi, seared fillet of hake, smoked haddock and clam chowder. Mains include Goan seafood curry, Cajun spiced local mackerel fillets, pan roasted fillet of gurnard. Desserts include triple chocolate brownie, strawberry Eton mess, lemon and lime cheesecake. All available at various prices. To book call 01437 741225 www.wolfscastle.com

Fresh Fish Specials at Blas Restaurant, Twr y Felin Hotel, St Davids. 01437 725555

dine@twryfelinhotel.com

Little Fish or Big Sharks menu at Martha's Vineyard, Milford Haven. A special children's menu available all week! 01646 697083 www.marthasmilfordhaven.co.uk

Herby Crab special with Cwl Box, Saundersfoot, alongside their regular menu as part of Saundersfoot's Summer Festival by the Sea. www.visitsaundersfootbay.com

Seafood Pizza at Shoreline Café, Saundersfoot as part of Saundersfoot's Summer Festival by the Sea. www.visitsaundersfootbay.com

Fresh crab and oysters with Ffwrn's wood fired artisan breads and chilled white wines everyday! 01348 875412 ffwrn@yahoo.com

Fresh Shellfish, locally caught crab & lobster at Harold O'Vinegars - the only seafood shop in the village and the place to go if you want to buy shellfish, locally caught crab and lobster! Fish Week special will be prawns in a rustic crusty roll with homemade seafood sauce. Harbour Car Park, Saundersfoot as part of Saundersfoot's Summer Festival by the Sea.

www.visitsaundersfootbay.com

Fresh Fish Creations at St Brides Spa Hotel, Saundersfoot. Come along and enjoy the finest fish that Pembrokeshire has to offer. Head chef Dan will be featuring a selection of his different fish creations on the menu all week. 01834 812304 www.stbridesspahotel.com

Smoked Salmon and cream cheese savoury pancakes at The Tramway, the Strand, Saundersfoot as part of Saundersfoot's Summer Festival by the Sea.

www.visitsaundersfootbay.com

Fillet of Plaice with cockles special at the Old Chemist Inn, Saundersfoot. Enjoy a fillet of plaice served with cockles in white wine and garlic sauce, samphire and choice of potatoes as part of Saundersfoot's Summer Festival by the Sea. www.visitsaundersfootbay.com

Famous Fish Burger Challenge and the finest freshest fish specials at Beachside Barbecue, Saundersfoot. We challenge you to come along and finish one of our famous fish burgers! We will also be featuring a delicious selection of Pembrokeshire finest freshest fish! 01834 811873 reservations@beachsidebarbecue.com

Pembrokeshire crab meat sandwiches, fish finger sandwiches and fish-shaped doggy treats at The Kiosk at Coppet Hall, Saundersfoot. 100% Pembrokeshire crab meat (from Little Haven) sandwiches, fish finger sandwiches and fish shaped doggy treats for your four legged friend! Part of Saundersfoot's Summer Festival by the Sea. www.visitsaundersfootbay.com

Fresh Fish and Chips at Marina Fish Chips & More, Saundersfoot. Enjoy the freshest locally landed fish cooked in beer batter (or you can enjoy it grilled), and chips that we cook in beef dripping - the perfect treat to enjoy for when you are visiting the seaside during Pembrokeshire Fish Week! 01834 813598 www.stbridesspahotel.com/dine/marina-fish-chips

Daily fish specials available at Hooked@31, Fishguard Opening hours: Monday - Saturday, 11.30am - 9.00pm. 01348 874657 hookedat31@gmail.com

Special Fish Week menu available all week at Melin Tregwynt Mill Shop and Café. 01348 891288 louise@melintregwynt.co.uk

Fish themed menu all week at Llys Meddyg Restaurant with Rooms, Newport. Enjoy a fish themed menu featuring our own Llys Meddyg smoked salmon and a discount on whole or half sides of salmon purchased through Llys Meddyg. 01239 820008 info@llysmeddyg.com

'Naked Fish' at Trefloyne Manor, Tenby. Simply the best local fish straight from the boat to the pan, served 'naked' or with Pip's yummy lemon and samphire butter - delicious! House lunch and dinner menu also available. We look forward to seeing you! Free parking right outside! 01834 842165 www.trefloyne.com

FISHING, OUTDOOR & ADVENTURE

Fishing & Boat Trips aboard the Four Brothers, Saundersfoot. No experience needed as tuition provided. Why not go out of Saundersfoot Bay and try and catch some mackerel? Part of Saundersfoot's Summer Festival by the Sea. www.visitsaundersfootbay.com

Bertie the Sea Bass located at Pembroke Dock Library until 15th July 2019, Pembroke Dock Town Council supported by Pembrokeshire Coastal Forum. 01646 684410 www.pembrokedocktc.org.uk
www.pembrokeshirecoastalforum.org.uk

Pembroke Dock Summit to Sea Cleans with Bertie the Sea Bass. Get involved in helping clean up our town in three easy steps - 1. register your clean with Surfers Against Sewage: www.sas.org.uk/our-work/beach-cleans/organise-beach-clean-2. Pick your patch and do your bit to turn the tide on plastic! 3. Pick up your litter picking kit from Pembroke Dock Town Council, Dimond Street. Also keep a look out for further events whilst Bertie is in town! With Pembroke Dock Town Council supported by Pembrokeshire Coastal Forum. 01646 684410
www.pembrokedocktc.org.uk www.pembrokeshirecoastalforum.org.uk

Sports Fishing trips aboard the Ebony May, Saundersfoot. Sports Fishing Trips for bass, Pollack and tope aboard the Ebony May - 2 hour trips for £20 per person. Part of Saundersfoot's Summer Festival by the Sea. www.visitsaundersfootbay.com

Saundersfoot Sea Safaris - wildlife trips around the Pembrokeshire coastline, Saundersfoot. Enjoy the seals, porpoise and sea bird colonies off Caldey and St Margarets Islands. Part of Saundersfoot's Summer Festival by the Sea. Booking Office for further details 07977 141 945 www.visitsaundersfootbay.com

Mackerel Fishing for all the family with Tenby Fishing, Tenby. 07974623542 or 07974252975 www.tenbyfishing.co.uk

Kayak-King Tours along the Pembrokeshire Coast with Kayak King, Lower Town Fishguard. At Kayak-King we provide you with exceptional kayaking tours and we pride ourselves in our first rate customer service. We take care of everything you need to make sure your kayaking tour is exactly how you dreamed it. Kayak the caves and towering sea cliffs while looking out for rare marine life along the Pembrokeshire Coast National Park. Our knowledgeable guides take you on a unique half-day tour, which last approximately two and a half hours, allow you to actively enjoy and explore the regions natural beauty. Touring by kayak gives you an intimate view of Fishguard's special corner of Pembrokeshire. Book online now! Starting at 9.30am and 2.00pm. £45 per person. 07967010203 www.kayak-king.com

Fancy a beach clean? Litter picking equipment provided by Keep Wales Tidy, available all week in Saundersfoot as part of Saundersfoot's Summer Festival by the Sea. www.visitsaundersfootbay.com

ARTS & CRAFT

Sea-fish artwork by renowned local wildlife artist David Miller on display at The Shoreline Café, Saundersfoot as part of Saundersfoot's Summer Festival by the Sea. www.visitsaundersfootbay.com

Artwork display by pupils of Saundersfoot CP School throughout the village and at Dily's Gallery, Saundersfoot as part of Saundersfoot's Summer Festival by the Sea. www.visitsaundersfootbay.com

Sea themed pottery waiting to be painted at Periwinkle Café, Saundersfoot as part of Saundersfoot's Summer Festival by the Sea. www.visitsaundersfootbay.com

BEAUTY

Fish Tail Plaits and Mermaid Manicures at the Old Bank Hair and Beauty Salon, Saundersfoot as part of Saundersfoot's Summer Festival by the Sea. www.visitsaundersfootbay.com